

BREAKFAST

Burrito or English Muffin Panini

Served until 11:00 a.m.

Garden Sunrise 6

Egg, squash, broccoli, cauliflower, carrots, colored peppers, mixed cheese & herbed cream cheese

Redwood 6

Egg, hash browns, roasted red pepper, spinach, green chilies, pepper jack cheese & hummus

Mushroom Hunter 6

Egg, wild mushroom, thyme, caramelized onion, Swiss & Dijon cream cheese

Ship Wrecker 6

Egg, sausage, ham, bacon, onions, mixed peppers & mixed cheese

Fiesta 6

Egg, rice, peppers, onion, black beans, tomato, pepper jack cheese, sour cream & guacamole

Pazzo 6

Egg, caramelized red onion, spinach, zucchini, peas, and gorgonzola

Soup

House made soup of the day 4

Soup & 1/2 Sandwich (Turkey or Ham) 5

Beverages

Pepsi Fountain Products 1

Coffee 1

Chips 1

\$3

Little Peanuts

(10 and under)

-Baked Chicken Strips

-Macaroni and Cheese

-Grilled Cheese

-Ham & Cheese

-Peanut Butter & Jelly

CATERING

Gourmet Catering

Customized by

Chef Eric Peterson

Catering for All Occasions

Specializing in Weddings

Elite Events

Graduations

Anniversaries

Special Events

Luncheons

Business Meetings

Holiday Celebrations

Conference Room available inside the Center Building

For Information and Reservations

Please call Eric or Stacie

(989) 358-1400

www.thefreshpalategourmet.com

THE
FRESH
PALATE



Gourmet Food and Catering

109 N. 2nd Ave.

Inside the Center Building

Downtown, Alpena

(989)358-1400

Fax: (989)354-4680

Dine In or Carry Out

Delivery Available

(Restrictions May Apply)

Monday - Friday 7 a.m. - 7 p.m.

Saturdays 9 a.m. - 5 p.m.

www.thefreshpalategourmet.com

AFTER BREAKFAST

Sandwich (White or Wheat Ciabatta)

Wrap (Tomato, Spinach or Wheat)

Creamy Seafood: wild caught crab, shrimp & lobster, spring mix, chives, roasted red peppers, capers & dill cream cheese dressing

9

SummerSun: assorted garden vegetables, spring mix, chick peas, mixed cheese & house dressing

6

Ranch Hand: turkey, bacon, avocado, swiss cucumbers, tomato, red onion, spring mix, & chipotle ranch

7

Turkey: turkey, spring mix, red onion, tomato, smoked Gouda & mayo

6

Curried Chicken Salad: all natural chicken, cashews, grapes, apples, dried cranberries, romaine & nonfat yogurt curry dijon dressing

7

Tuna: albacore tuna w/lemon juice & extra virgin olive oil, capers, cucumber, red onion, celery , spring mix & basil aioli

6

Antipasto Chicken: chicken, salami, proscuitto, artichoke, roasted red peppers, mild peppers,

Take -N- Bake

Now available for purchase!!

The Fresh Palate` is pleased to offer individually portioned bakeable gourmet meals customized by Chef Eric Peterson

Salads

Garden: spring mix, croutons, assorted garden vegetables, chick peas, mixed cheese & house dressing

6

Panzanella Chicken: spring mix, croutons, red onion, tomato, kalamata olives, fresh basil, all natural chicken & red wine vinaigrette

7

Ocean Fresh: spring mix, wild caught crab, shrimp & lobster, chives, roasted red peppers, capers & dill cream cheese dressing

9

Chipolte Taco: romaine w/chipotle ranch & marinated chicken or steak in a baked taco shell tomato, mixed cheese, black bean corn salsa, cilantro lime sour cream & guacamole

8

Candy Apple: romaine, apple, candied walnuts, dried cherries, gorgonzola, caramelized red onion & port reduction vinaigrette

7

Ranch Hand: spring mix, turkey, bacon, avocado, cucumbers, tomato, red onion, swiss & chipotle ranch

7

Tuna: spring mix, albacore tuna w/lemon juice & extra virgin olive oil, capers, celery, cucumber, red onion & basil aioli

6

Chicken Caesar: romaine, all natural chicken, garlic croutons parmesan & caesar dressing

6

Antipasto Chicken: romaine, chicken, salami, proscuitto ham, artichoke, roasted red peppers, mild peppers, provolone & sun dried tomato dressing

8

Curried Chicken Salad: spring mix, chicken, cashews, grapes, apples, dried cranberries & nonfat yogurt curry dijon dressing

7

Panini

Caprese: fresh tomato, basil, fresh mozzarella, basil oil & balsamic reduction

6

Bella: portabella, roasted red peppers, caramelized red onion, spinach & pesto mayo

7

Antipasto Chicken: chicken, salami, proscuitto ham, mild pepper, artichoke, roasted red pepper, provolone & sun dried tomato dressing

8

Stumbling Steak: bourbon steak, caramelized red onions, gorgonzola & horseradish sauce

8

Veg Head: assorted roasted vegetables, tomatoes, provolone & house dressing

6

Veggie Burger: house-made pinto burger, tangy coleslaw, pepper jack cheese & chipolte dressing

6

Cuban: turkey, ham, swiss, coleslaw & chili sauce

7

Burritos

Happy Cow: assorted roasted vegetables rolled w/rice, black bean corn salsa, pinto beans & guacomole

6

Bliss: portabella rolled w/red potatoes, feta, roasted red peppers, bacon, tomatoes, spinach & house dressing

7

Drunken Stampede: bourbon marinated fajita steak rolled w/rice, tomato, pepper jack cheese & chipotle ranch

8

Lonesome Cowboy: fajita steak rolled w/rice, caramelized red onions, green chilis, mixed cheese & BBQ sauce

7

Garlic Roasted Chicken: chicken rolled w/rice, black beans, corn, avocado, pepper jack cheese & roasted garlic sauce

8

Good ol` Boy: chicken rolled w/red potatoes, corn, shredded cheese & sausage gravy

7

Mr. Chizum: chicken, rolled w/rice, mixed cheese, black bean corn salsa & guacamole

7